



Immunization in HIV-infected Adults

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Outline of the talk

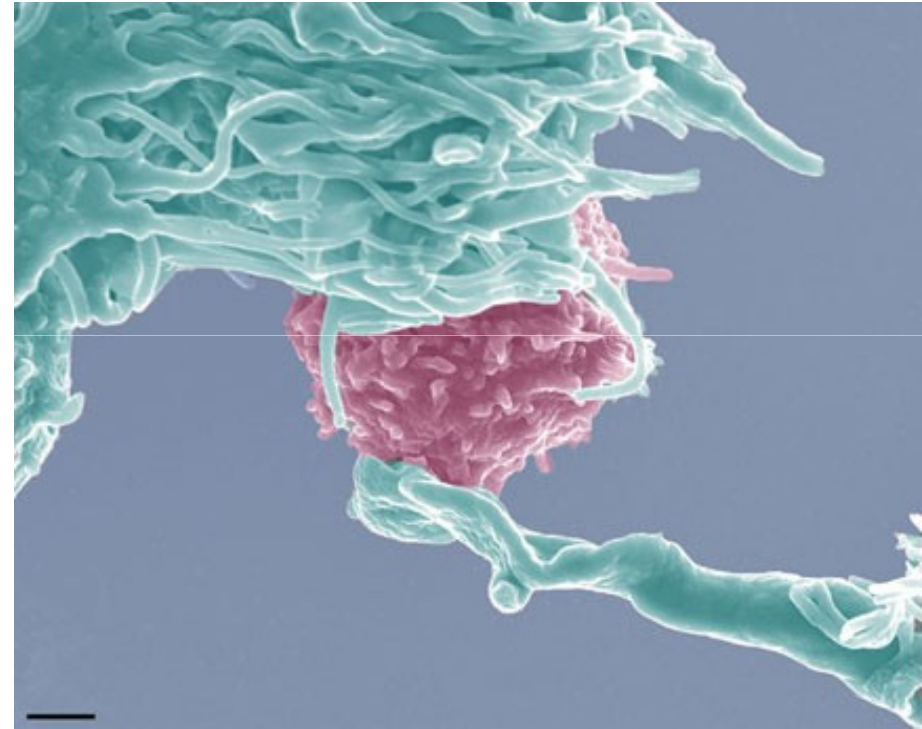
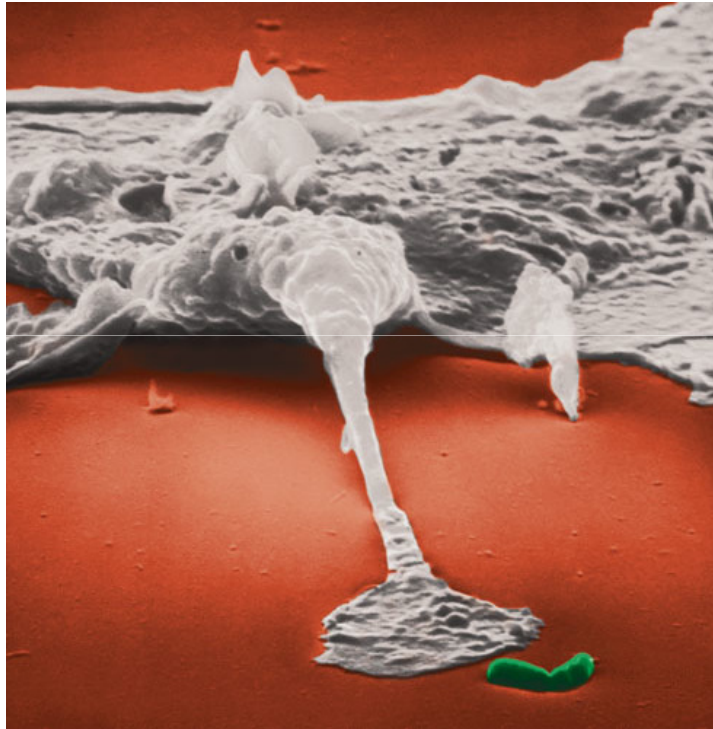
- Vaccine type as a determinant of response
- Why does HIV present a problem?
- Principles for immunization of adults with HIV
- Missed opportunities to vaccinate

Types of Vaccine

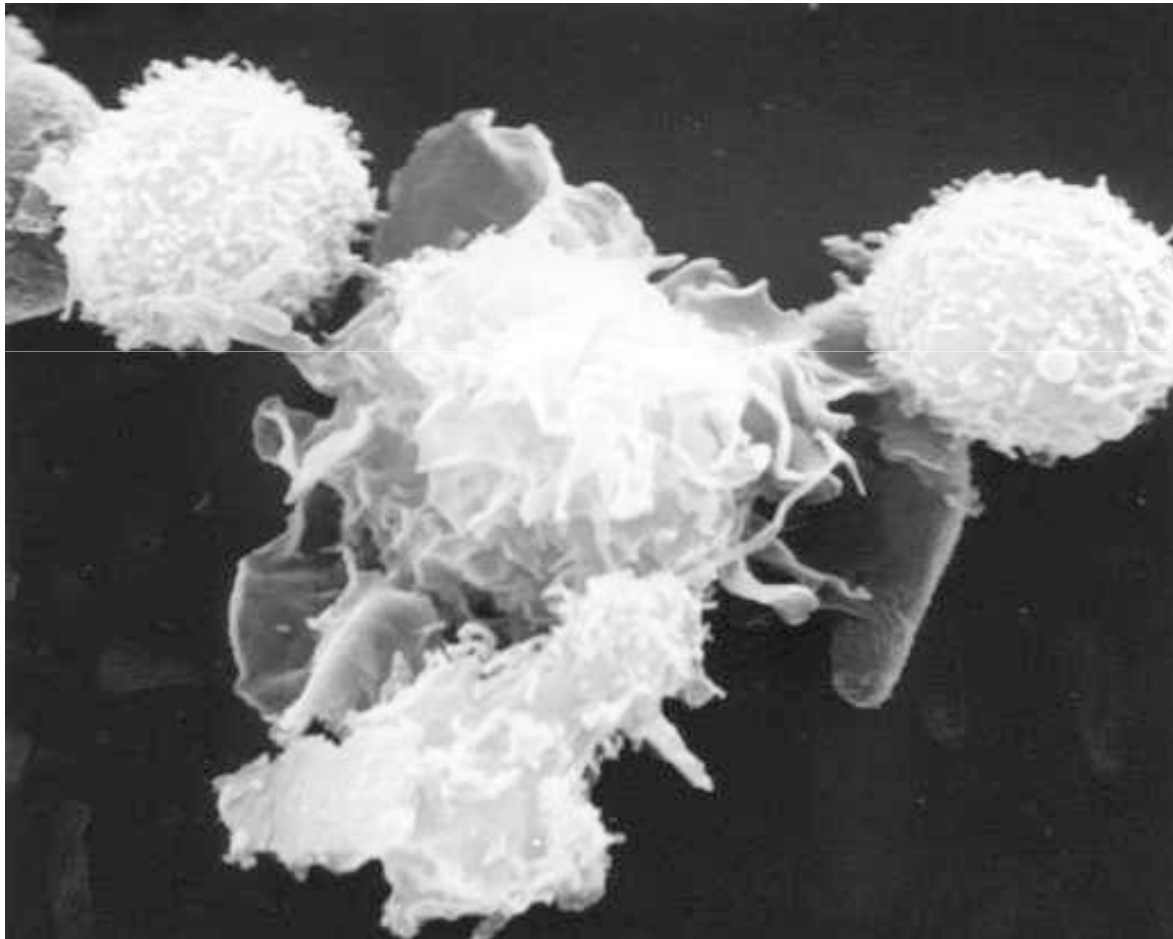
Live attenuated	Inactivated	Toxoid / Other	Polysaccharide
BCG	Hepatitis A	Diphtheria	Hib
Influenza (intranasal)	Influenza	Hepatitis B (protein)	Hib-conjugate
Measles	Pertussis (Whole cell)	Human Papillomavirus (VLP)	Meningococcal
Mumps	Polio (inactivated, IPV)	Pertussis (acellular)	Meningococcal-conjugate
Rubella	Rabies	Tetanus	Pneumococcal (PPV)
Polio (Oral)			Pneumococcal-conjugate (PCV)
Rotavirus			Typhoid
Varicella			
Yellow Fever			



T-dependent antibody production

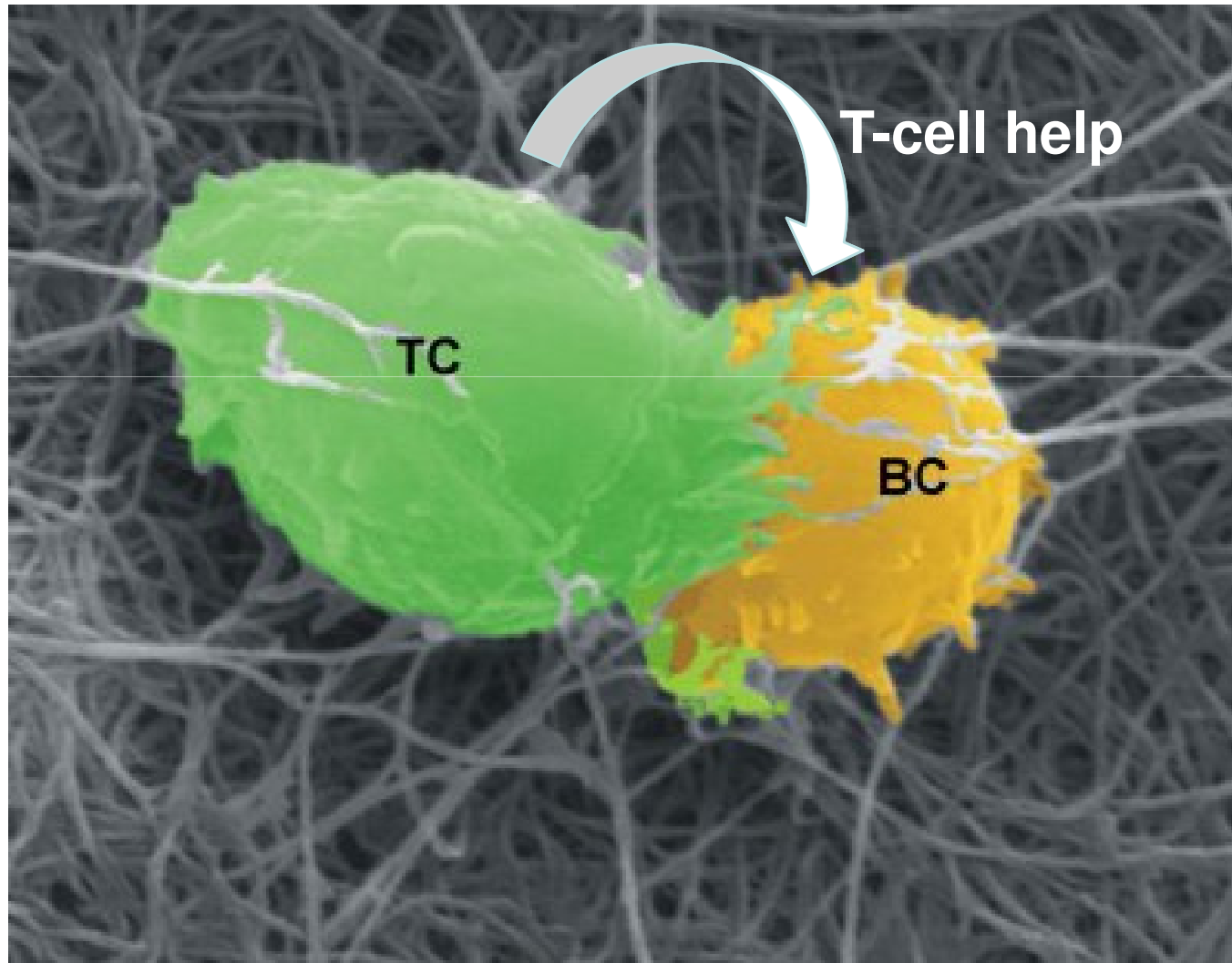


T-dependent antibody production

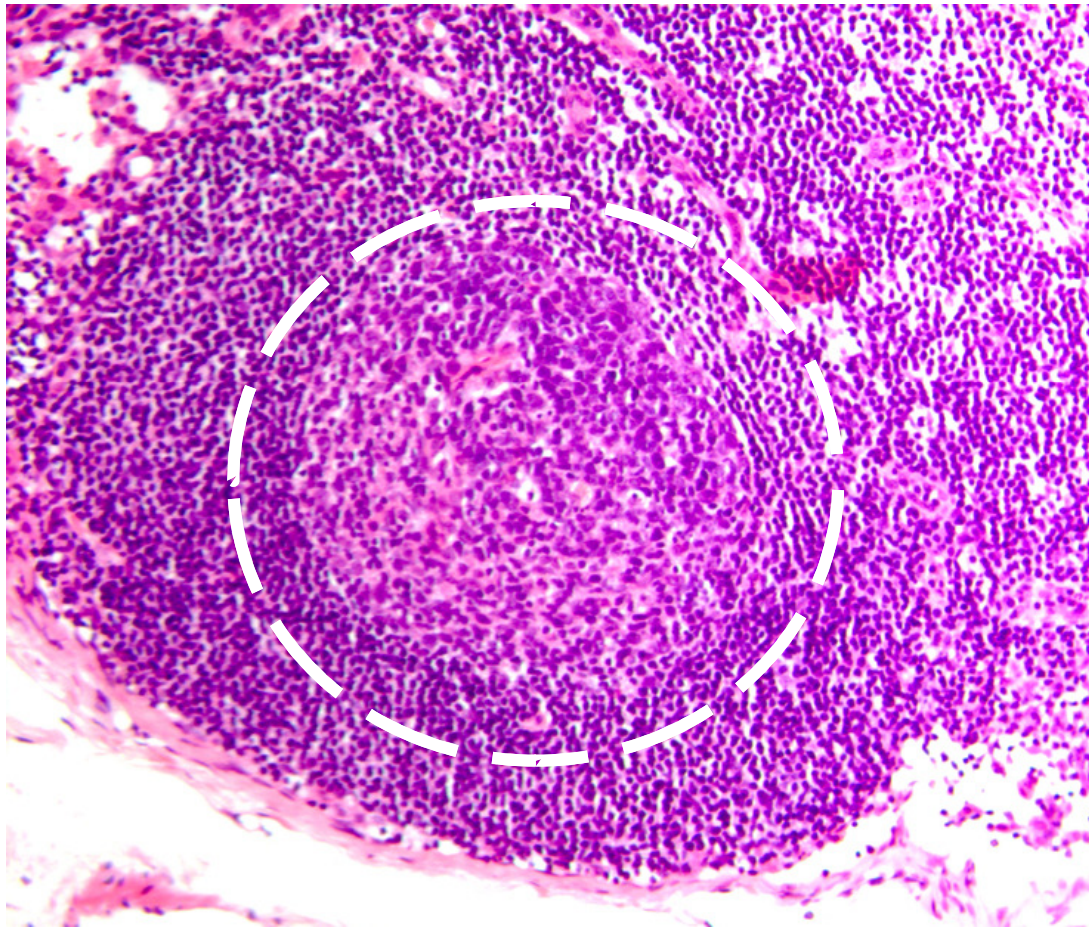


Amplification of
the Ag-specific
T-cell response

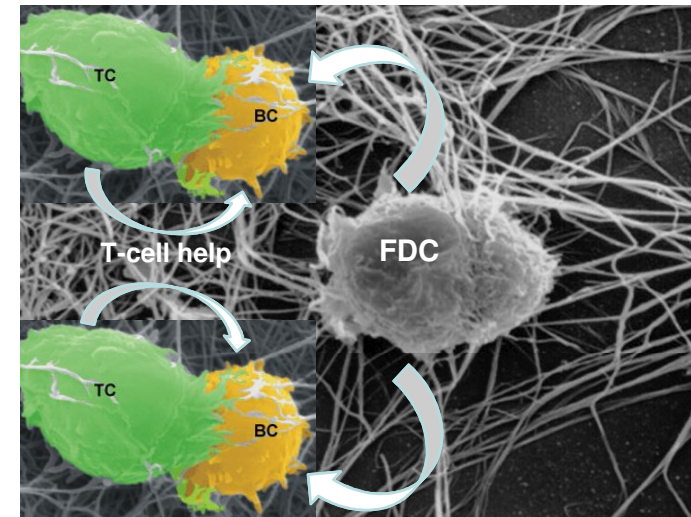
T-dependent antibody production



T-dependent antibody production



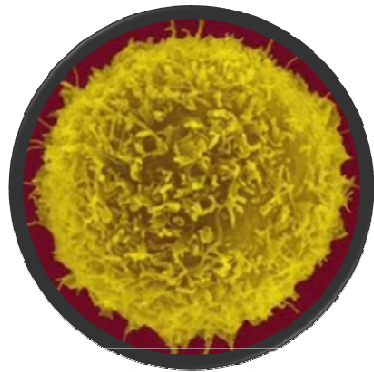
Lymph Node Germinal Centre



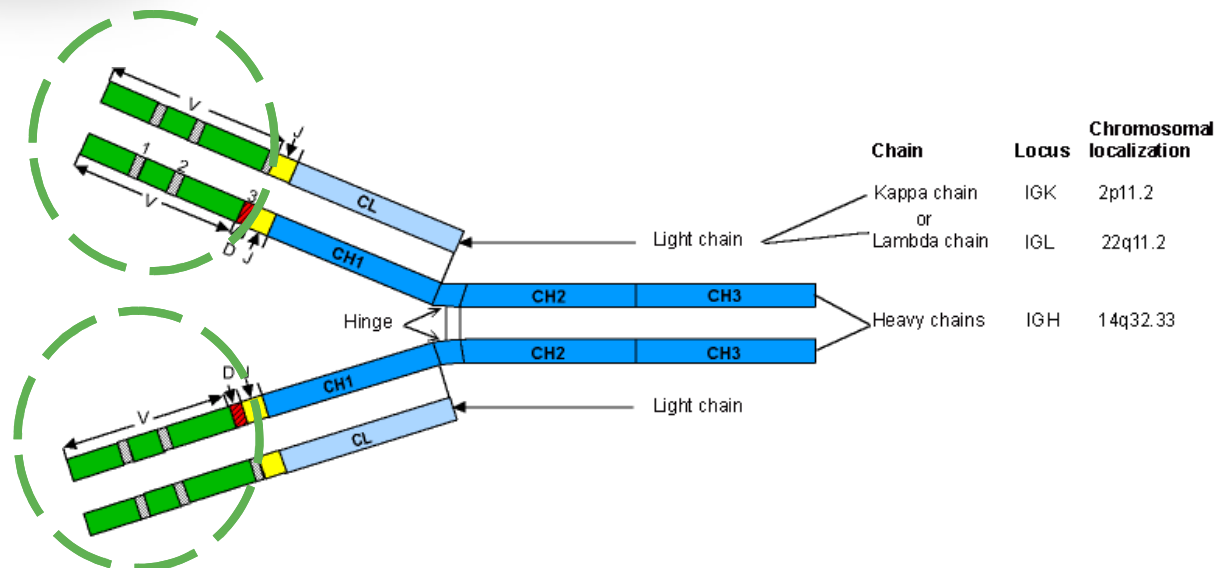
Massive Clonal Expansion



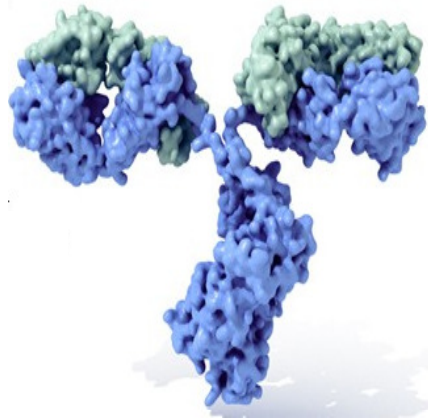
T-dependent antibody production



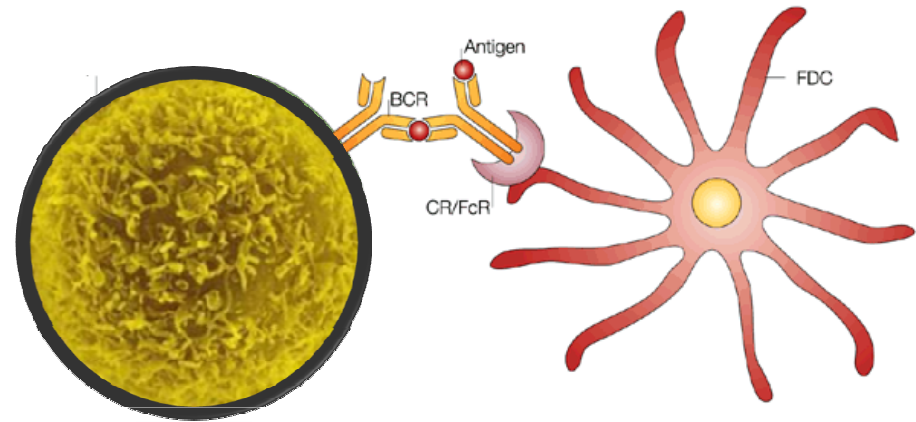
Massive Somatic Mutation within variable region of the Ig genes



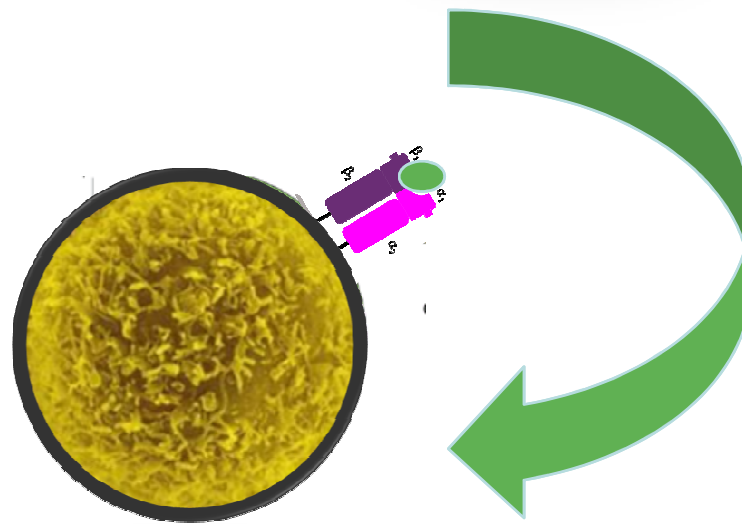
T-dependent antibody production



Generation of a minority of Ig
With INCREASED affinity for Ag

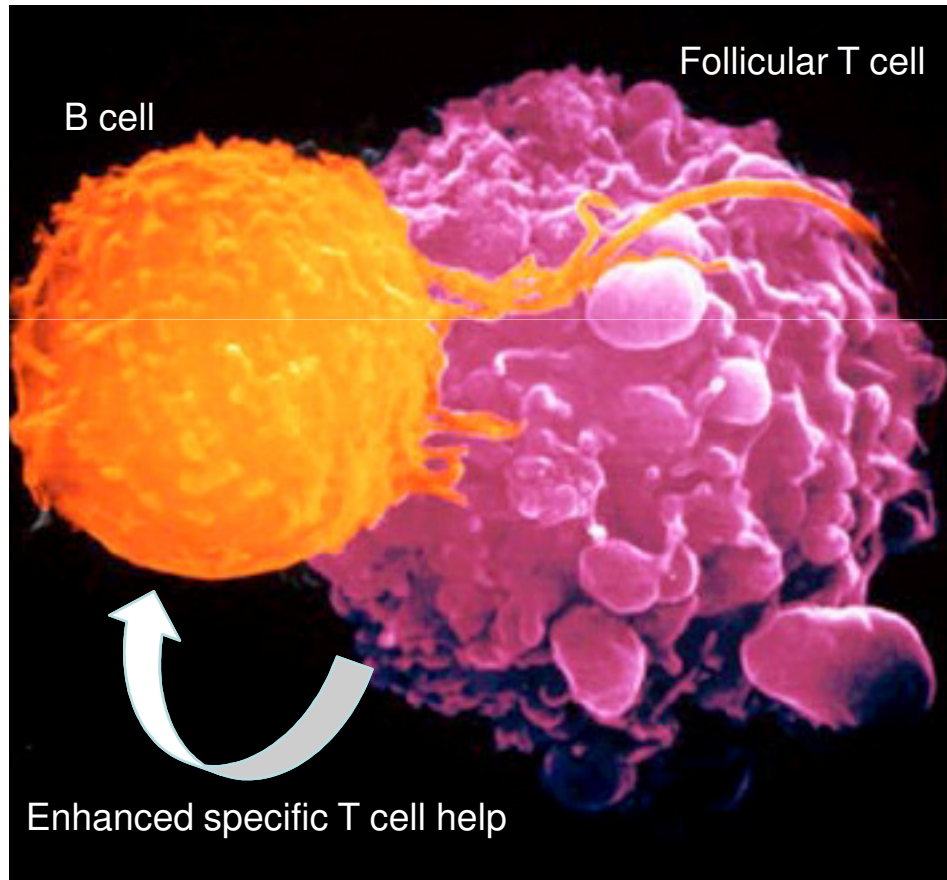


B cells efficiently compete for binding
to small amounts of vaccine Ag on FDCs



Process vaccine antigens
into small peptides
expressed on B cell surface
with MHC class II

T-dependent antibody production



Selection, proliferation & survival of B cells with the highest Ag-specific affinity

Differentiation signals drive plasma cell development & secretion of **specific antibodies** or memory B cells

HIV-induced immune suppression reduces vaccine responses

- Reduced CD4 T cell help
- Reduced Dendritic cell responses
- Reduced B cell numbers and function
- Reduced antibody production

Principles of immunization in HIV-infected adults

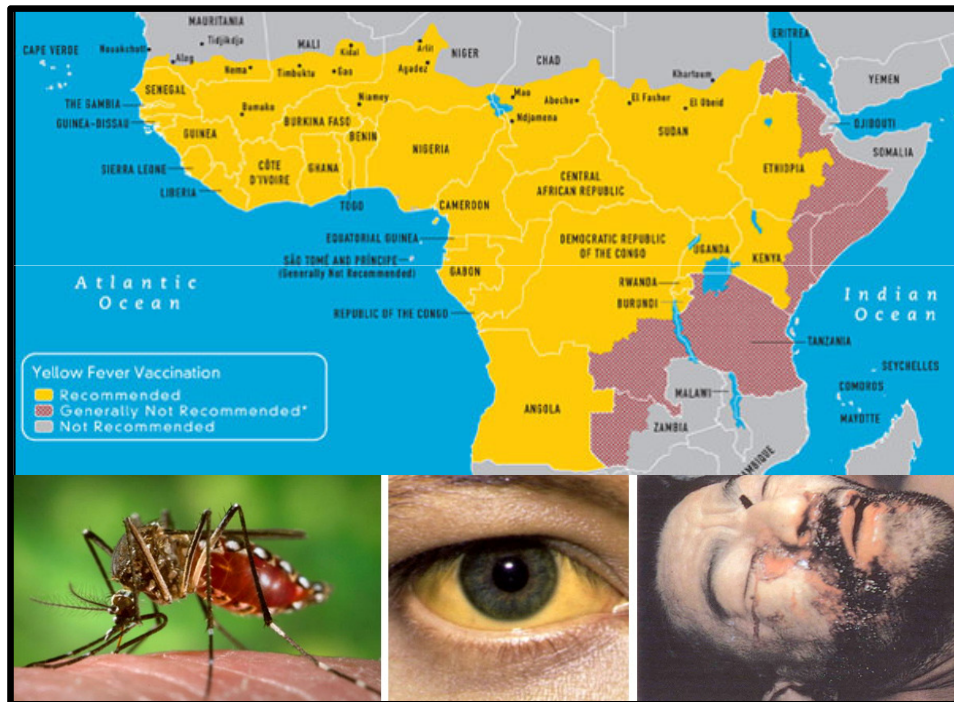
- Vaccination is associated with HIV viral load blip and transient reduction in CD4 count
- Avoid live vaccines if CD4 count < 200 cells/mm³

MMR Vaccination



- Indicated for measles IgG seronegative persons
- Avoid pregnancy for 1 month post-vaccination
- Breast feeding is not contraindicated
- Safe for household contacts
- Contraindicated CD4 <200

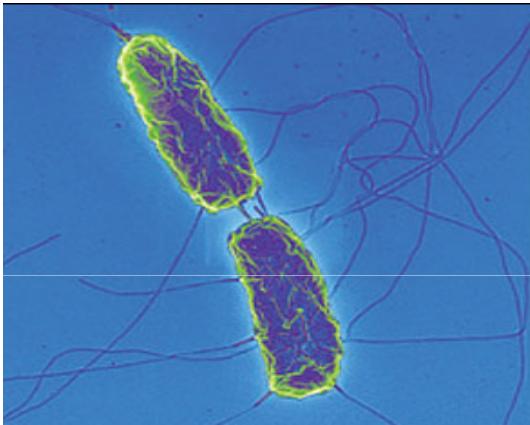
Yellow Fever Vaccination



- Increased neurotropic and viscerotropic adverse disease events in persons with CD4 <200
- Well tolerated with seroconversion rate ~ 85% in persons with CD4 >200
- Transient drop in CD4 count and rise in HIV viral load
- Adverse event reporting increases > 60 years age (x6)

Other Live Vaccines

Ty21a Oral Typhoid



Contraindicated

Use inactivated
Typhoid ViCPS

Varicella Zoster



Contraindicated if
CD4 <200 cells/mm³

Indicated in clients
if CD4 >200 cells/mm³

Avoid pregnancy for
1 month

Poliomyelitis, oral



Contraindicated

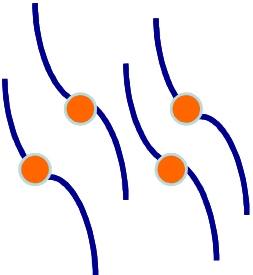
Use inactivated
vaccine instead

Contraindicated in
household contacts

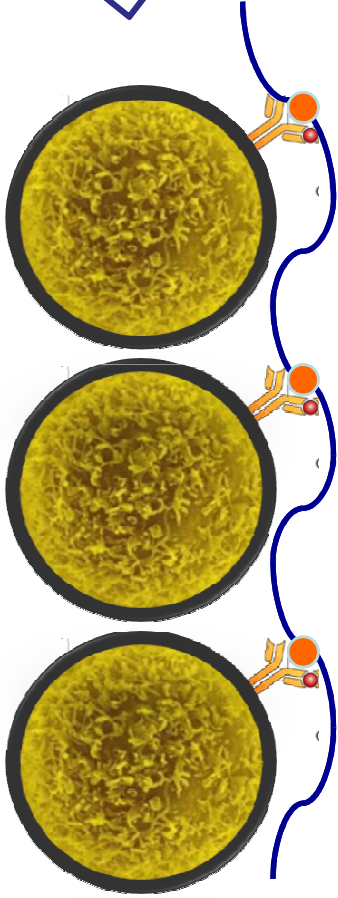
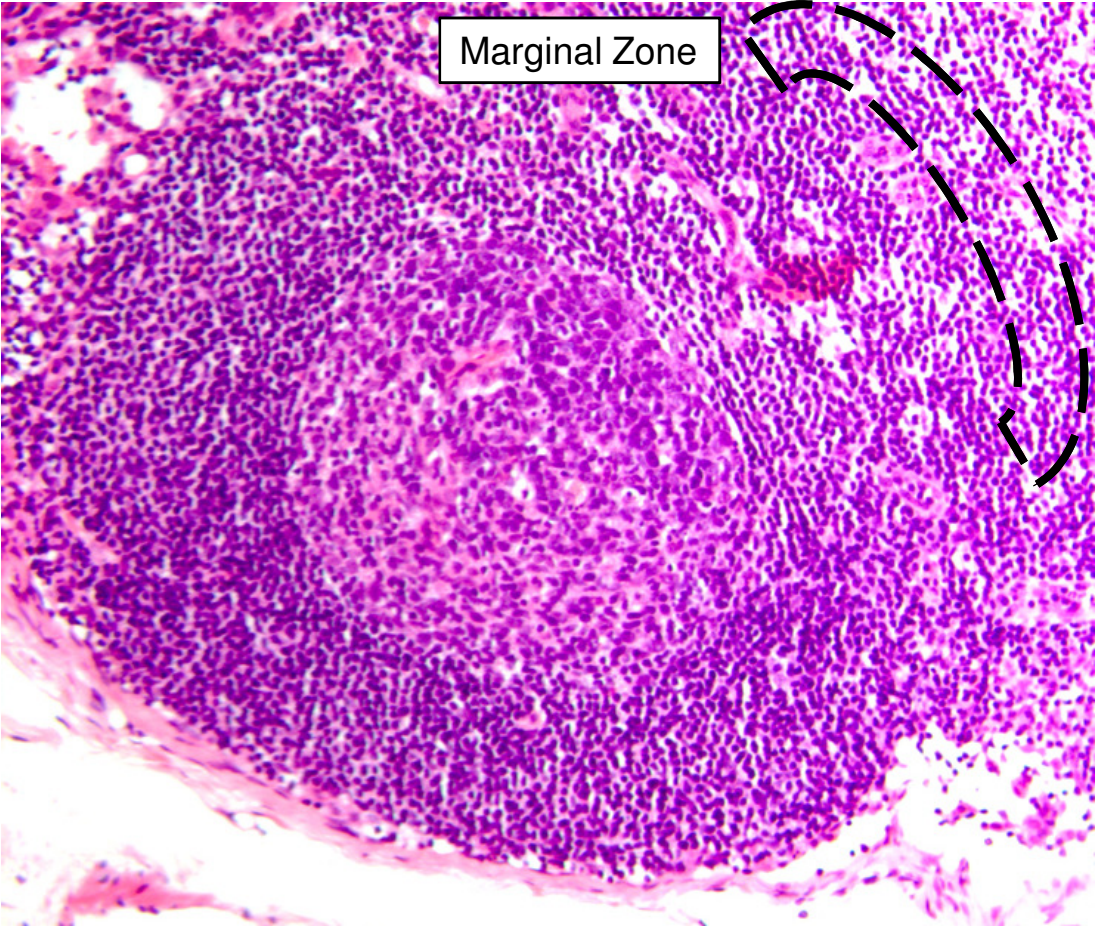
Principles of immunization in HIV-infected adults

- Vaccination is associated with HIV viral load blip and transient reduction in CD4 count
- Avoid live vaccines if CD4 count < 200 cells/mm³
- Polysaccharide vaccines elicit poor antibody responses

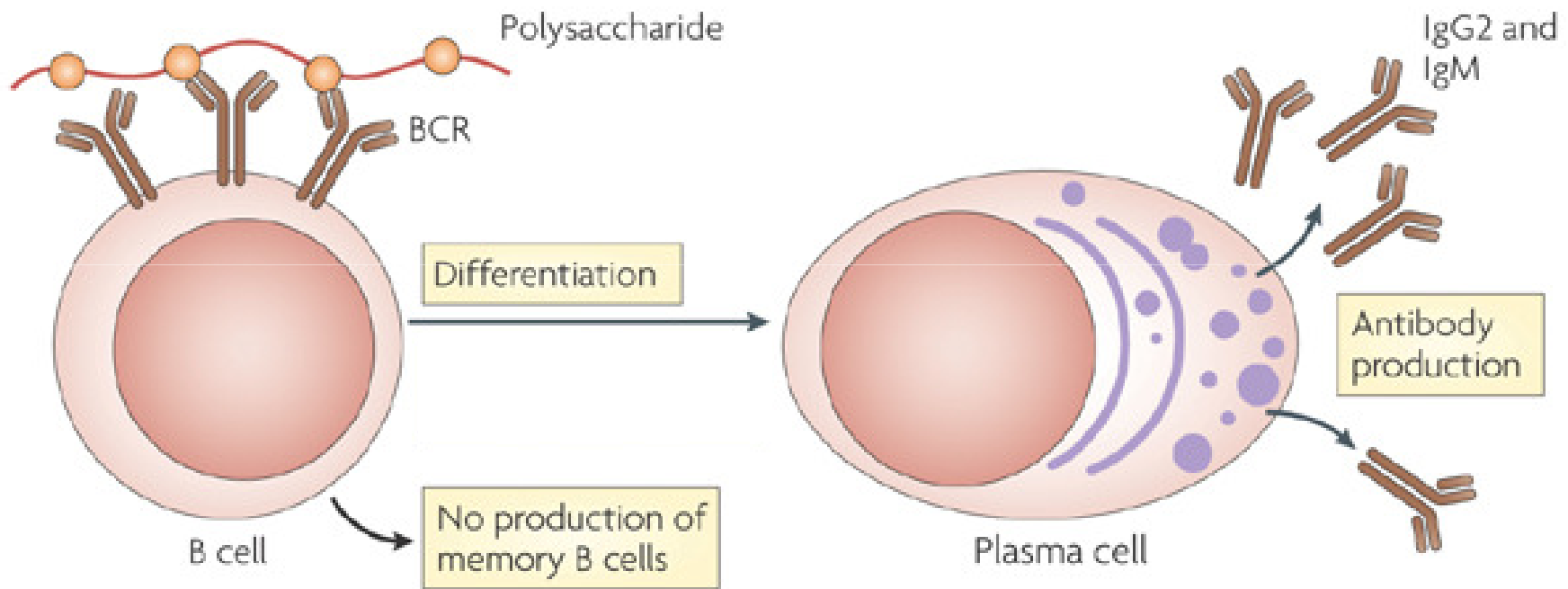
T-independent antibody production



Bacterial Polysaccharide Antigens



T-independent antibody production

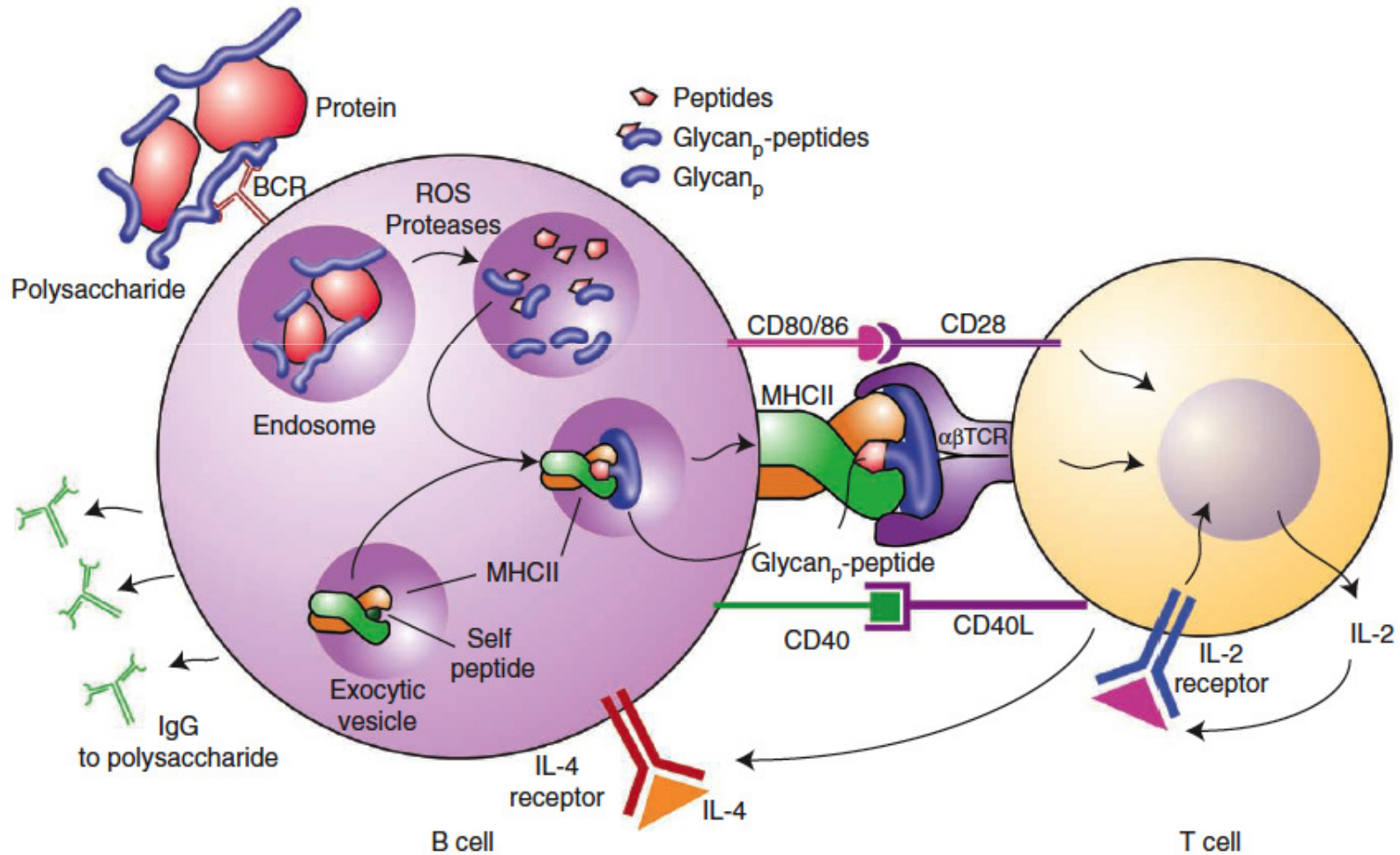


Non-mutated, low-affinity 'germline' Abs

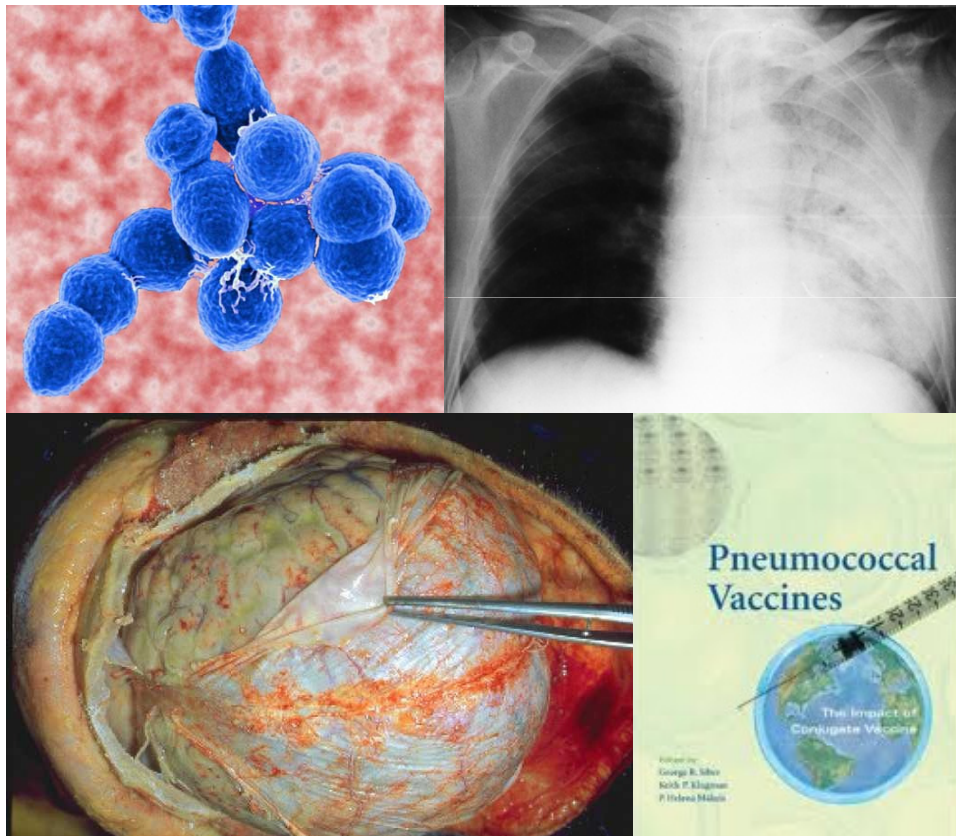
Move towards red pulp of spleen – apoptosis

Short-lived response

Conjugating polysaccharide with protein induces a T-dependent antibody response



Pneumococcal Vaccines



- 10-300 x more susceptible to invasive pneumococcal disease (IPD)
- 25% risk of recurrent IPD within 12 months
- 2-3 fold reduction IPD in persons on ART, but still ~35 x greater than general population

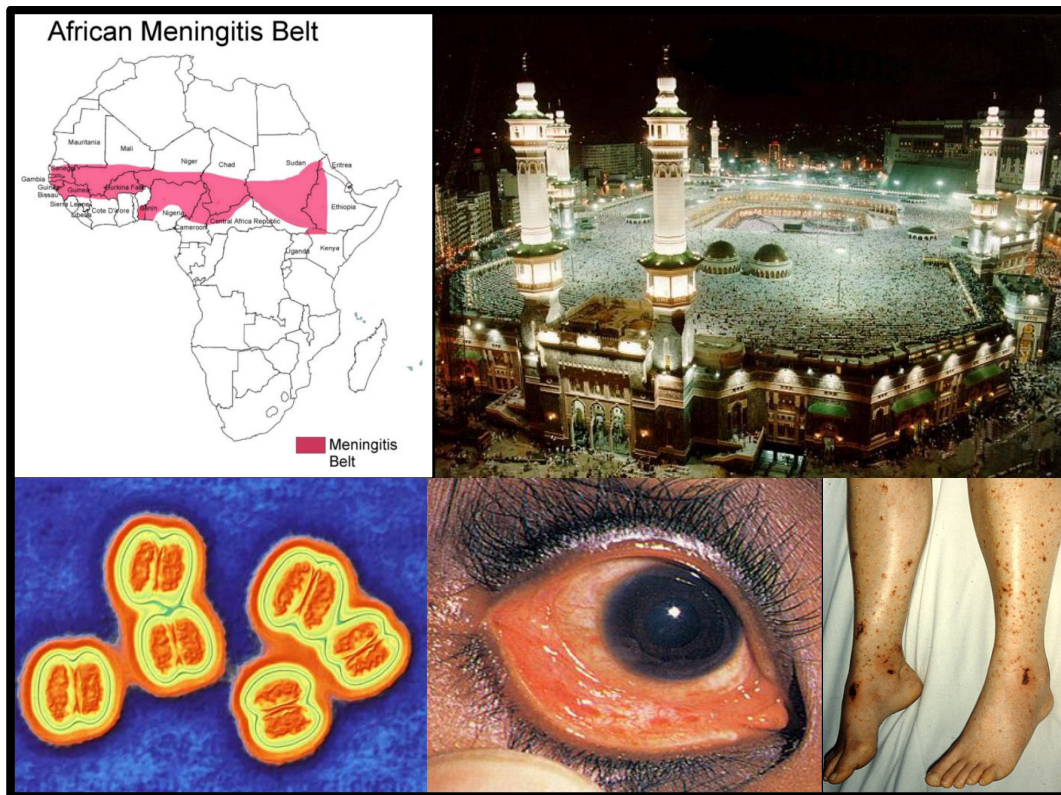
Pneumococcal Polysaccharide Vaccine (PPV-23)

- HIV-infected adults with CD4 >200 cells/mm³ as soon as possible after diagnosis
- Elicits modest antibody responses, lower than healthy controls
- Ugandan RCT
 - increase pneumonia in 6-month period in those not on ART
 - 16% overall reduction all cause mortality
- Meta-analysis – marked heterogeneity in efficacy with no overall benefit

Pneumococcal Conjugate Vaccine (PCV-7, PCV-13)

- Greater immunogenicity than PPV
- Low coverage of IPD-causing strains necessitates use of PPV-23 in addition to PCV
- More durable antibody response on ART
- RCT of PCV-7 vs placebo for reduction of IPD recurrence
 - Vaccine efficacy reduced from 85% in year 1 to 25% in year 2
 - Efficacy 88% in CD4 <200 cells/mm³ group
 - Overall protection regardless of serotype hazard ratio 0.76 (95% CI 0.42-1.42)

Meningococcal Conjugate Vaccine



- Increased severity of *N. meningitidis* infection
- Mandatory vaccine for pilgrims to the Hajj
- Conjugate vaccines target subtypes A,C, Y & W-135
- Quadrivalent Conjugate vaccine safe & efficacious
- Decreased response to serotype C

Typhoid Vi Capsular Polysaccharide Vaccine

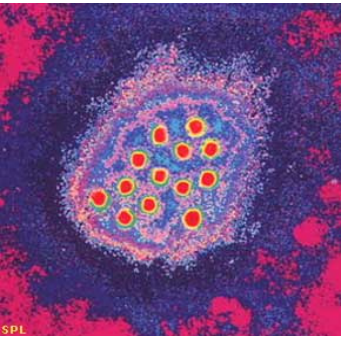
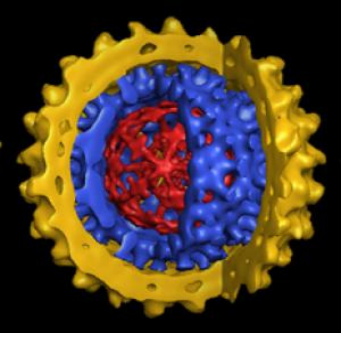

- HIV increases chance of:
 - fulminant diarrhoea
 - fulminant colitis
 - bacteraemia
 - antibiotic resistance
 - relapsing disease
 - persistent infection
- Serological response decreased in $CD4 < 200$



Principles of immunization in HIV-infected adults

- Vaccination is associated with HIV viral load blip and transient reduction in CD4 count
- Avoid live vaccines if CD4 count < 200 cells/mm³
- Polysaccharide vaccines elicit poor antibody responses
- Extra booster doses are commonly employed but often without hard evidence

Booster doses recommended

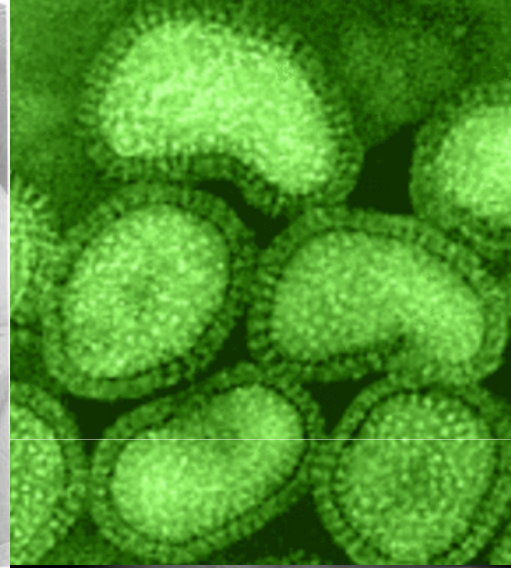
<p>Hepatitis A</p>		<p>Safe and well tolerated at all CD4 counts</p> <p>Response rates reduced but good clinical efficacy</p> <p>Some guidelines suggest 3rd dose</p>
<p>Hepatitis B</p>		<p>Standard (0, 1, 6m) or rapid (0, 1, 2 and 12m)</p> <p>HBsAb <10 iu/L 3 further double-doses</p> <p>HBsAb 10–100 iu/L 1 additional vaccine dose</p> <p>HBsAb >100 iu/L Check yearly and boost</p>
<p>Rabies</p>		<p>Considered safe at all CD4 counts</p> <p>3 x intramuscular doses (0, 7 and 28 days)</p> <p>± 4th dose if Ab response poor at low CD4 counts</p>

Missed Opportunities

Hepatitis B vaccination

- RCT - Double dose vaccine in CD4 >350 cell/mm³
 - 69% versus 34% seroconversion rate
- Hepatitis B testing only occurs at ART initiation
- Options for vaccinating HBV seronegatives
 - Continue the status quo in Southern Africa
 - Vaccinate high risk groups only – IVDU, MSM, Sex care workers, partners of HBsAg positives
 - Universal HBV vaccination for those not yet infected

Influenza vaccination in HIV



The Swine Flu



Seasonal influenza and HIV

Pre-ART era

- Higher rates of
 - Hospitalization
 - Secondary bacterial infection
- Prolonged illness
- Increased Mortality

Post ART era

- Reduction in cardiopulmonary admissions by 56%
- Risk still > general population

Neuzil et al, JAMA 1999;281:901-7

Madhi et al. J Pediatr 2000;137(1):78-84

Lin et al. Arch Int Med 2001;161 :441-46

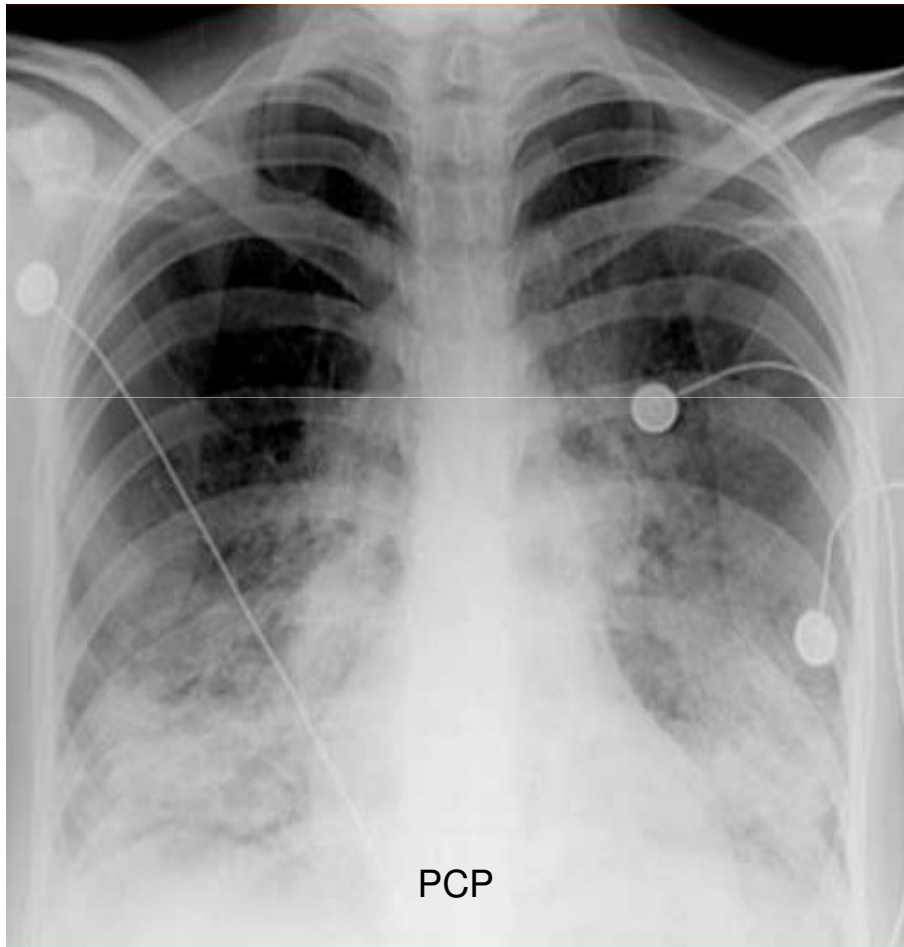
Madhi et al. Paed Infect Dis J. 2002;21(4):291-7

Neuzil et al, JAIDS 2003;34:304-7

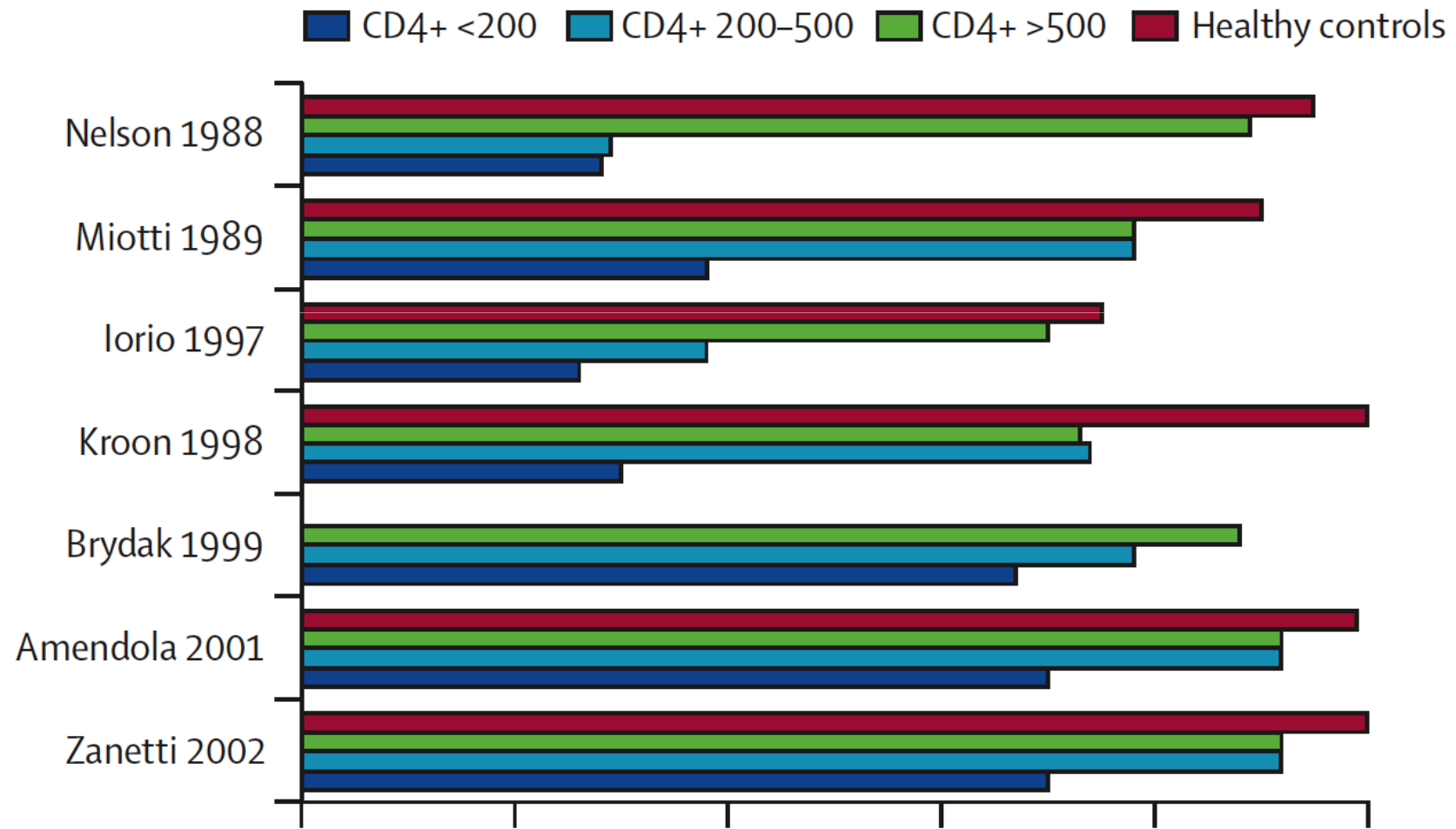
Fatal pandemic H1N1 in South African HIV-infected patients

<u>Characteristics</u>		<u>Co-morbidities</u>	
Tested	34	Pregnant	10
HIV-infected	18	COPD	4
Median CD4 count	58	Active TB	3
On ART	4	Cardiac	2
Oseltamivir	9	Diabetes	1
Chest radiography		Obesity	1
– Bilateral infiltrates (10)		<i>S. pneumoniae</i>	2
– Multi-lobar consolidation			
– ARDS			

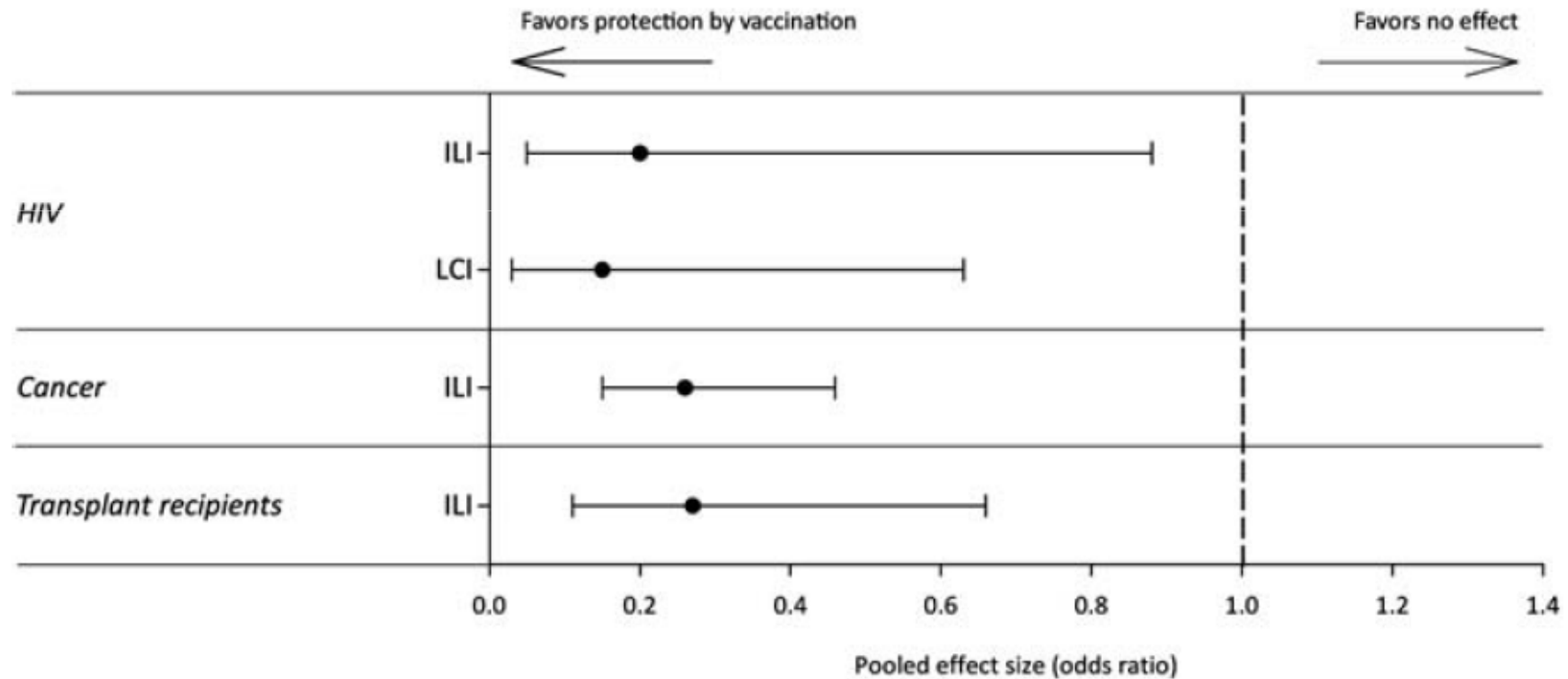
How much H1N1 did we miss?



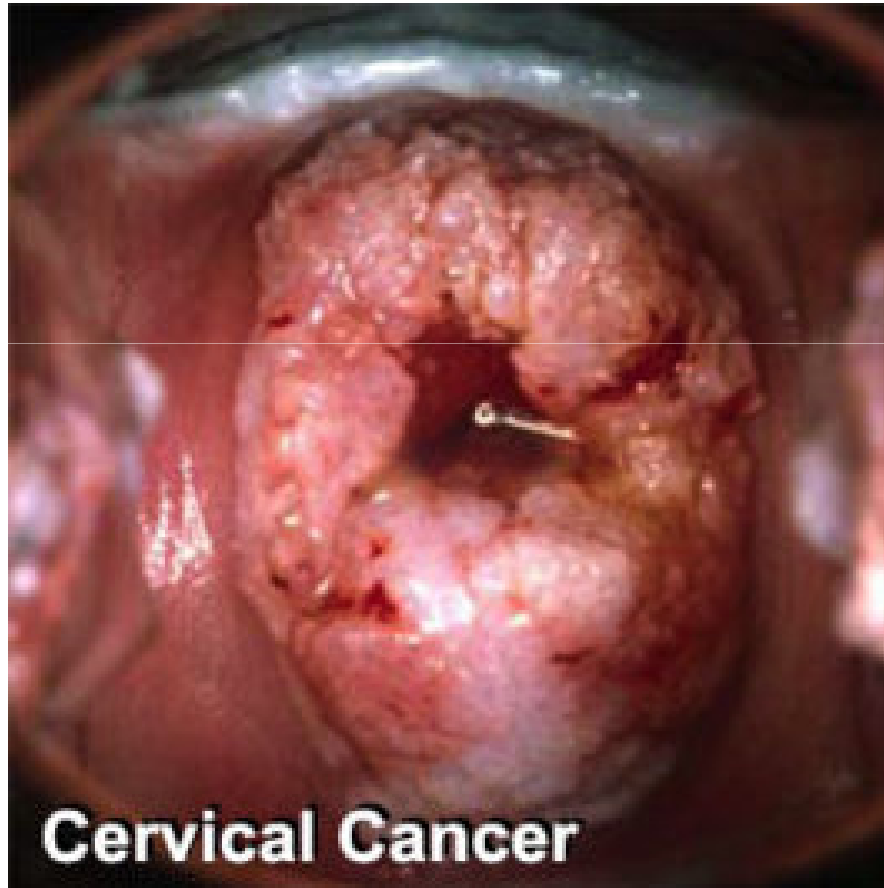
Protective post-vaccination influenza titres



Meta-analysis of influenza vaccine effect on ILI and lab-confirmed cases



Human Papillomavirus (HPV)



- HPV infection rates
 - 66% HIV-infected women
 - 90% MSM
- Higher risk of cervical and anal cancer
- Risk of anal cancer on ART remains 2-fold higher than HIV-uninfected patients

HPV Vaccines

	Gardasil	Cervarix
HPV strains covered	HPV-6, HPV-11 HPV-16, HPV-18	HPV-16, HPV-18
Prevention genital warts	98.8% in women 9-12yrs	Nil
Prevention CIN	98% cervical precancerous lesions from vaccine strains in HPV-uninfected vs 44% in all study participants	93% of CIN 2 or greater dysplasia in HPV-uninfected vs 30% overall population
Prevention of AIN in MSM 16-26yrs	95% persistent anal infections 75% high grade AIN from vaccine strains	Not studied
	NEJM 2007;356(19):1915-27 NEJM 2007;359(19):1928-43 NEJM 2011;364(5):401-11)	Lancet 2009;374:301-14

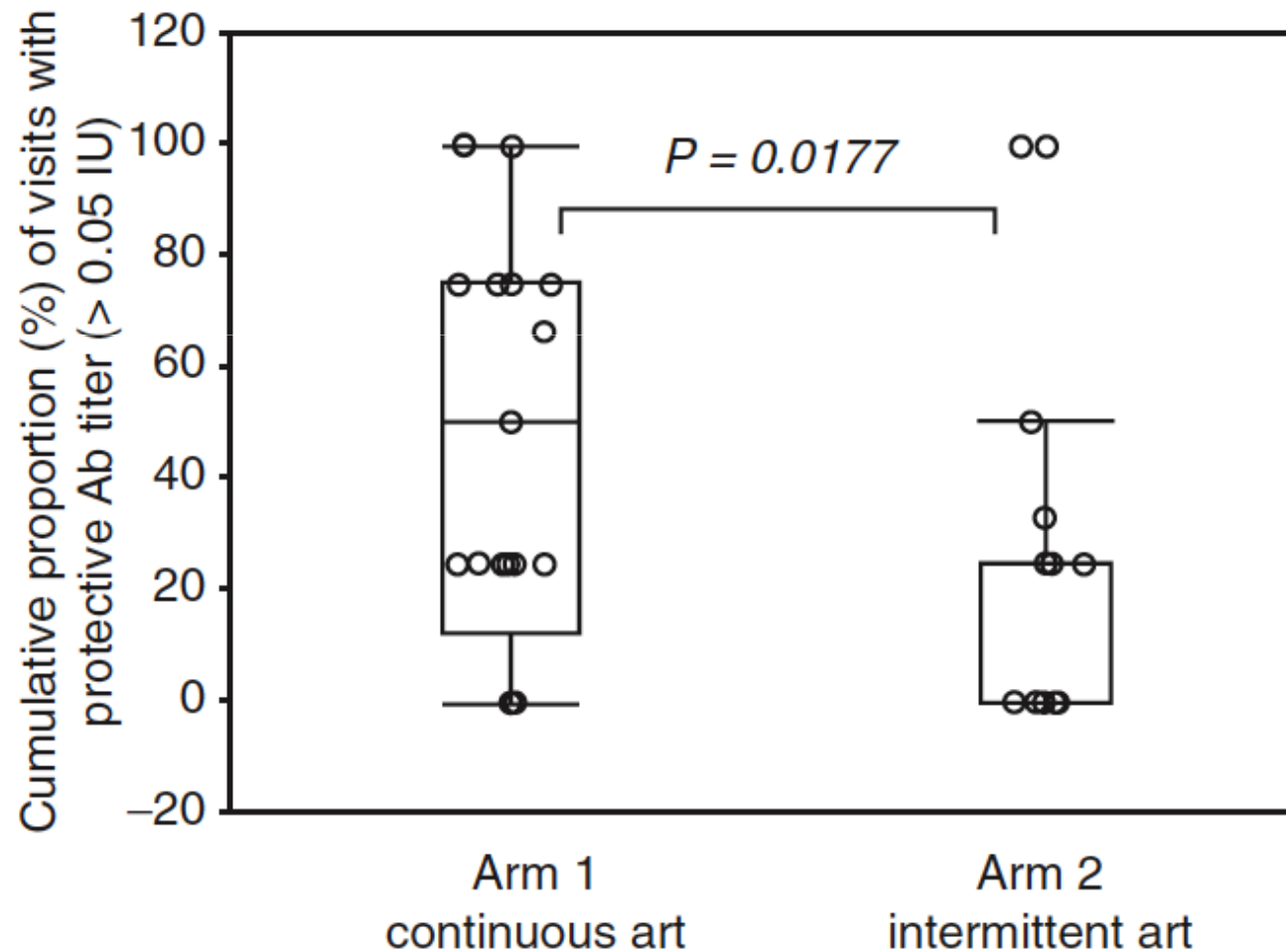
HPV vaccine efficacy in HIV

- Efficacy will depend on rates of HPV infection
 - HIV-infected women infected with HPV-16 (30%), HPV-18 (12-19%) and both (9%)
 - HIV-infected men – HPV-16 (50%) and HPV-18 (23%)
- Limited data of efficacy in HIV
 - Children with CD4% ≥ 15 – seroconversion rates $>96\%$ to all 4 strains
 - Men ≥ 18 yrs – without AIN had seroconversion rates $>95\%$
 - Some evidence that seroconversion was less in MSM

Principles of immunization in HIV-infected adults

- Vaccination is associated with HIV viral load blip and transient reduction in CD4 count
- Avoid live vaccines if CD4 count < 200 cells/mm³
- Polysaccharide vaccines elicit poor antibody responses
- Extra booster doses are commonly employed but often without hard evidence
- Either delay vaccination until ART reconstitutes immunity or repeat once CD4 count >200 cells/mm³

Interrupted ART decreases protective antibody titres to neoantigens



Summary

- Quantitative and qualitative defects in innate and adaptive immunity limit vaccine responses in HIV
- In patients with CD4 counts <200 cells/mm³ avoid live vaccines and if possible reconstitute the immune system prior to vaccination or revaccinate once reconstitution has occurred
- Do not miss the opportunity to limit vaccine-preventable infections in your patients

VACCINES WORK!



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